



3<sup>rd</sup> International Conference on  
**PSYCHOLOGY AND MENTAL HEALTH**  
November 16-17, 2023 | Dubai, UAE

## Sexual Self-concept and Self-evaluation of Female Survivors of Childhood Sexual Abuse in Hong Kong

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### ABSTRACT

This study examined the impact of child sexual abuse (CSA) on the sexual self-concept (SSC) and self-evaluation of female survivors. A total of 83 female survivors and 89 women without CSA participated in this study. SSC refers to how individuals perceive themselves as sexual being. It reflects their sexual feelings, thinking, and actions. In this study, the measure of SSC encompassed six domains (viz., sexual self-esteem, sexual self-efficacy, sexual satisfaction, sexual anxiety, sexual depression, and sexual fear). Self-evaluation was assessed by self-esteem and general self-efficacy. The results showed that women with a history of CSA were poorer in the six domains of SSC [ $t(170) = 4.02$  to  $8.80$ ,  $p < .05$  to  $p < .001$ ; Cohen's  $d = 0.62$  to  $1.28$ ] than women without CSA. They were also poorer in self-esteem [ $t(170) = 3.99$ ,  $p < .001$ ; Cohen's  $d = 0.63$ ] and general self-efficacy [ $t(170) = 1.98$ ,  $p < .05$ ; Cohen  $d = 0.31$ ]. SSC was found to mediate the negative effects CSA on both self-esteem and general self-efficacy. The findings implicated that to promote self-evaluation of female survivors of CSA, intervention programs may focus on fostering a healthy SSC.

### BIOGRAPHY

Hoi Nga Anna Ng is Director of Student Affairs cum Associate Professor of Caritas Institute of Higher Education, Hong Kong. She is a registered social worker, certified sex therapist, a Somatic Experiencing Practitioner, and a Senior Counseling and Training consultant. She has been guest speaker for various public sexuality education seminars. She serves as the Chairperson of the Hong Kong Association of Sexuality Educators, Researchers and Therapists. Her research interests include female sexuality, child sexual abuse, and sexuality education.

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**Mode of Presentation:** Virtual presentation

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