



3<sup>rd</sup> International Conference on  
**PSYCHOLOGY AND MENTAL HEALTH**  
November 16-17, 2023 | Dubai, UAE

## **TITLE: Positive Psychotherapy: Contemporary and Transcultural challenges in Mental Health and Wellness**

**Name:** Andre Marseille  
**Affiliation:** Assistant Professor at Chicago State University  
**Country:** United States of America  
**Email ID:** amarse20@csu.edu

### **ABSTRACT**

The presenter in this session discuss the impact of culture on mental health and its role in multiculturalism. As a method for dealing with multiculturalism issues that impact mental health, the presenter will introduce the transcultural approach to psychotherapy, Positive Psychotherapy (PPT). PPT has been successfully applied in many cultures in remedying symptoms and psychological disorders with an indication for individual psychotherapy such as depression, anxiety, sexual disturbances, stress, aggression, phobic symptoms, nervousness, stomach ailments, learning difficulties, as well as a wide range of psychosomatic disorders.

### **Presentation Learning Objectives:**

1. Understand what the critical aspects of culture are should psychiatrist, psychologist & therapist understand about themselves and their clients
2. Understand the inherently transcultural dynamic of the human condition and the mental health profession in the face of globalization
3. Understand the how culture and cultural values are shaped and expressed in different parts of the world and the implications for therapy
4. Understanding the transcultural nature of Positive Psychotherapy



## BIOGRAPHY

Andre Marseille completed his PhD in Counseling from George Mason University in 2018. Andre is trained as a Positive Psychotherapist and Existentialist. In addition, Andre is a certified International Conflict Analysis and Resolution Specialist. Dr. Marseille's research interests focus on the intersectionality of existentialism, humanism, and multi-cultural theory, particularly how this intersectionality affects minority populations, at risk populations and victims of crime. He also focuses on the impacts of globalization and climate change on mental health. Finally, his work in multiculturalism and diversity also looks at the application of Positive Psychotherapy to western models of counseling theory and mental health. Dr. Marseille is on the editorial board for the Global Psychotherapist International Journal. Andre presents his research often, making presentations, hosting training seminars and participating in panel discussions at different conferences both domestic and internationally including Canada, Japan, India, Turkey and Germany. Dr. Marseille lives in Chicago, Illinois. In his spare time, he enjoys marathon training. He is an avid reader and enjoys fiction writing and traveling.

**Presenter Name:** Andre Marseille.

**Mode of Presentation:** Oral/Symposium.

**Contact number:** +1 571-282-8023



Upload your photo here.