




GINNY PRIEM MCPC

Keynote Speaker: Growing through Adversity

Author: *You're My Favorite*

Podcast Host: *Drinking with Gin*

Master Certified Professional Life Coach

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Ginny Priem has an extensive background, including experience as a Master Certified Professional Life Coach and published author, in addition to a corporate career spanning over 20 years, focusing on leadership and emotional intelligence. She is the host of the popular *Drinking with Gin* podcast and has over 15 years of speaking experience. In her published book, *You're My Favorite*, she shares the true story of her own personal traumatic end of a romantic relationship with a shocking twist as the man she thought was living in her house turned out to not be the man she thought he was at all. This jarring experience sent her on her own path of healing and growing.

In discovering her own path forward, she created GINpath, which is the path that she developed, tested and implemented to help others in growing through adversity. We all face tough times and have that one story, one that we may not think is big enough to share or manage through, but it's what we do with these stories that really matters. Ginny's keynotes leave audiences inspired to take the next step on their own path.

SPEAKING TOPICS

- Growing through adversity
- The path forward
- The GINpath: A workshop
- Small stories lead to big trauma
- Personal transition & transformation
- Fireside chats

MOST POPULAR KEYNOTE

Overcoming What's Ours In sharing Ginny's story, it has allowed others to recognize and share their own stories that they've been carrying around with them in small ways that don't allow them to overcome the trauma and adversity. This keynote tackles overcoming shame, adversity and trauma and the things that hold people back. Ginny reveals the structure behind the GINpath and how to use this 3 component process to catapult yourself forward to no longer sit along the sidelines of life.



THE MISSION...FOR KEYNOTE, BOOK & PODCAST

Ginny's mission is to inspire and empower others to share their stories and engage in learning, growing and healing on the path forward. Readers of her book and listeners of her podcast share their own stories with Ginny, the many emotions her sharing her journey evokes in them, and how they wish to share with others.

“ WHAT PEOPLE SAY? ”

"Ginny Priem is an engaging speaker with a powerful and important message. Whether you are looking for a speaker who will keep your audience motivated, educated, or empowered, Ginny Priem is the speaker for you and your organization."

Jack U. (Minneapolis, MN)

