



4<sup>th</sup> International Conference on  
**PSYCHOLOGY AND MENTAL HEALTH**  
November 14-15, 2024 | Bangkok, Thailand

## **TITLE: Mental health from the perspective of young users of the service network in a municipality in the state of Minas Gerais – Brazil.**

**Name:** Leandro Martins Costa de Araújo / Alisson Araújo / Nadja Cristiane Lappann Botti / Amanda Marcia dos Santos Reinaldo

**Affiliation:** PhD student at Federal University of Santa Catarina / Nursing Professor Federal University of São João del Rei / Nursing Professor Federal University of São João del Rei / Nursing Professor Federal University of Minas Gerais

**Country:** Brazil

**Email ID:** leandromartins19@gmail.com

### **ABSTRACT (upto 300 words)**

to analyze, from the perspective of employees who are now young, the mental health monitoring experienced in adolescence. Method: Qualitative research, where semi-structured and in-depth interviews were conducted with 05 young people between 19 and 24 years of age. The audio-recorded interviews were transcribed and the material was submitted to Content Analysis. The results were organized in the following a) Adolescent and Crescer; b) Adolescence and illness. The results allowed us to reflect on the assistance provided to adolescents. It is noticed that there was a lack of structure, both in the municipal health system, and in the family that was able to meet these adolescents in their needs. It can be noted that the psychiatric treatment received in adolescence needed a better and adequate contribution to effectively integrate the adolescent, the family, health professionals and the health care network. This reality can be changed, because currently the health system has resources that did not exist before.

### **BIOGRAPHY (upto 300 words)**

Leandro Martins, 36 years old, Graduated in Nursing from the Federal University of São João Del-Rei (2017) and Master in Nursing from the Federal University of São João Del-Rei (2020). He is currently a doctoral student at the Federal University of Santa Catarina (UFSC). Experience in research focused on mental health and health promotion. Member of the Nursing Research and Health Promotion Laboratory (LAPEPS - UFSC) and Reviewer of the Global Health Promotion journal.

**Presenter Name:** Leandro Martins.

**Mode of Presentation:** Poster.

**Contact number:** +55 032-9 9197- 8773



SCIENTEX

CONFERENCES  
Knowledge Blooms

SCIENTEX CONFERENCES LLC

1305 Colleen Avenue STE 1200, Sheridan, WY 82801, United States  
www.scientexconference.com

mentalhealth.scientexconference.com

mentalhealth@scientexconferences.com

+1-213-463-2413