

5th International Conference on Psychology and Mental Health

Theme: A forum to explore the innovation in Psychology and Mental Health



Date

Nov 05-06, 2025



Venue

Dubai, UAE



SCAN ME



5th International Conference on Psychology and Mental Health November 05 - 06, 2025 | Dubai, UAE

DAY 1 : NOVEMBER 05, 2025

INTRODUCTION (08:45 - 09:00)

KEYNOTE PRESENTATIONS

09:00 - 09:30	Title: From burnout to balance: Rethinking a sustainable roadmap for mental wellbeing in helping professions' students
	Pras Ramluggun , Northumbria University, UK
09:30-10:00	Title: Intervention program to promote psychological capital and its effectiveness in health professionals
	Ana Paula Pinheiro Santana Ruiz , University of the Algarve, Portugal
10:00- 10:15	Photo Session & Break

SPEAKER PRESENTATIONS

Sessions: Mental Health | Psychology and Psychiatry | Behavioral Health and Bullying

Session Chair: Pras Ramluggun, Northumbria University, UK

10:15 - 10:35	Title: Coping Strategies and Post-traumatic Growth
	Sara Al Beainy , American University of Beirut, Lebanon
10:35 - 10:55	Title: Neuropsychology and cyberbullying: A brief narrative bibliographic review
	Claudia Maria Revelo Miranda , University of Narino, Colombia
10:55 - 11:15	Title: Adversarial discourse in parliamentary discourse in the United Kingdom
	Peter Bull , Universities of York & Salford, UK
11:15- 11: 35	Title: Unveiling the influence of abusive leadership on mental well-being at secondary schools: Teachers' perceptions
	Kananga Robert Mukuna , University of the Free State, South Africa
11:35 - 11:55	Title: Drivers of psychological activity
	Evgeniy Bashkin , Peoples' Friendship University of Russia, Russian Federation
11:55- 12:15	Title: Hits the grades: Self-rated mental health mediates K-10 distress with APS, and campus health-checks rescue the decline
	Nurwina Akmal Binti Anuar , Universiti Kebangsaan Malaysia, Malaysia
12:15 - 12:35	Title: Two case studies: Medically unexplained symptoms in children and adolescents
	Nada Okasha , East London Foundation Trust, UK

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12:35 - 12:55	Title: From perceived usefulness to parasocial bonding: Integrating TAM & PSR in adolescent AI companions
	Harshit Katoch , Punjabi University, India
12:55 - 13:40	Lunch Break
13:40 - 14:00	Title: A clinical audit on knowledge and practice on pre and post Electro Convulsive Therapy (ECT) among nursing officers, National Hospital, Kandy
	Lakshika Randeny , Teaching Hospital Anuradhapura, Sri Lanka
14:00 - 14:20	Title: A clinical audit on mental health comorbidities and readiness to change among obese patients attending the nutrition clinic, Teaching Hospital Peradeniya
	Dinusha Rasangi Sondirangala Adicaram , University of Peradeniya, Sri Lanka
14:20 - 14:40	Title: You can't play with them – Effects of visual and auditory deviation on processing of social exclusion in a hierarchical setting
	Dilay Dollnick , University of Oldenburg, Germany
14:40 - 15:00	Title: The role of perceived social support and coping styles in predicting aggression and vulnerability to corona stress in adolescents
	Delaram Jameian , Allameh Tabataba'i University, Iran
15:00 - 15:20	Title: Does a work-family role conflict have a moderating role in the relationship between psychosocial safety climate and presenteeism? From the perspective of work-related and gender-related issues
	Acelya Telli , Istanbul Esenyurt University, Turkey
15:20 - 15:40	Title: Personality traits and co-dependence: Variable correlations across severity levels
	Regina Ershova , RUDN University, Russian Federation
POSTER PRESENTATIONS	
PPM - P1	Title: Exploring psychological phobia among university students based on some demographic variables
	Lamia Abdullah Al-Adsani , King Faisal University, KSA
PPM - P2	Title: Women's unique mental health struggles: Psychological perspective
	Veronica Ayu Fransisca Presgrave , University of South Australia; Member of the Australian Counselling Association (ACA), Australia
PPM - P3	Title: Parental clinical symptoms and child adaptive functioning in separated and divorced families: Affective and behavioral correlates in children aged 3–12
	Ana Tatu , College of Psychologists of Romania, Romania
Day 01 Concludes	

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DAY 2 : NOVEMBER 06, 2025

INTRODUCTION (08:45 - 09:00)

KEYNOTE PRESENTATIONS

09:00-09:30

Title: Jesus prayers applied in separation of craniopagus twins (Medical innovation and distress elimination by contemplation)

Andras Csokay, Saint Lazarus County Hospital, Hungary

09:30-10:00

Title: Evaluating the effectiveness of progressive muscle relaxation for managing adjustment disorder among apparel sector employees in Sri Lanka using K10 and GHQ-12 scales

Prasanna Jayatilake, General Sir John Kotelawala Defense University, Sri Lanka

10:00-10:15

Photo Session & Break

Sessions: Neurology and Neurological Disorder | Personality Disorder

**Session Chair: Svetlana Nikolaevna Morozyuk,
Moscow State Pedagogical University, Russian Federation**

SPEAKER PRESENTATIONS

10:15 - 10:35

Title: A postulate on the physical basis of mental life: Special relativity and the brain

David Kashani, Private Practice, USA

10:35 - 10:55

Title: Assessment of examination anxiety among nursing students in the Sultanate of Oman

Saher Jaber; Mallak Saif Said; Binila Abraham Idicula, University of Buraimi, Oman

10:55 - 11:15

Title: Bridging the gap: Integrating trauma-informed care in pediatric behavioural interventions

Khushi Pabari, AIIMS New Delhi, India

**Sessions: Psychotherapy and Counseling Psychology | Stress, Anxiety and Depression |
Child and Adolescent Psychiatry**

**Session Chair: Kuznetsova Elena Sergeevna,
Moscow University of Psychology and Social Sciences, Russian Federation**

11:15- 11:35

Title: Sanogenic thinking as a factor of mental health

Svetlana Nikolaevna Morozyuk; Kuznetsova Elena Sergeevna, Moscow State Pedagogical University;
Moscow University of Psychology and Social Sciences, Russian Federation

11:35 - 11:55

Title: Manic times and melancholic times in support groups for the healthcare teams during the COVID 19 Pandemic

Aurelie Lagarrigue, Paris City University; Argenteuil Hospital Center, France

11:55- 12:15

Title: Effectiveness of metacognitive therapy in distress tolerance and drug use desire in delinquent teenagers

Faraz Ghoorchian, Pishgaman Man Haghigi Research Educational Institute, Iran

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12:15 - 12:35	Title: The effect of classical music and heavy metal music on stress and pulse rate: A randomised control trial
	Vareen Kazzaz; Seleen Kazza; Ayah Maher; Shamma Alqasimi; Aryam Alnaqbi; Mohammed Nidal, University of Sharjah, UAE
12:35 - 12:55	Title: The level of knowledge and effectiveness of using artificial intelligence applications in developing the academic and social skills of students with autism spectrum disorder from the perspective of their teachers
	Ohoud Nasser Alhajeri, Kuwait University, Kuwait
12:55 - 13:15	Title: Innovative intervention programme for learners with intellectual disability
	Annamarie Elisabet van Wyngaard, Gauteng Department of Education, South Africa
13:15 - 13:35	Title: A talk on assertive outreach services
	Aya Qashta, Coventry and Warwickshire Partnership NHS Trust, UK

E-POSTER PRESENTATIONS

PPM - E01	Title: Prevalence of poor sleep quality and its related factors among university students: A cross-sectional study
	Manvi Upadhaya, Gulf Medical University, UAE
PPM - E02	Title: Quality or quantity? Social media usage and mental health
	Sophie Xu, Culver Academies, USA
PPM - E03	Title: Gender stereotype endorsement, job search expectations, and job hunting anxiety: Evidence from Japanese university students
	Michi Yoshimura, Aichi Toho University, Japan
PPM - E04	Title: Beatotherapeutic approach to the diagnosis of dependent and codependent behavior in dysfunctional alcoholic families
	Alla Spivakovskaya, Moscow State University, Russian Federation

VIDEO PRESENTATIONS

PPM - V01	Title: Burnout in university students: A narrative review
	Celia Carvalho Lucas, University of Tras-os-Montes and Alto Douro, Portugal

Day 02 Concludes

*Note: You are requested to be present at the event right from the introductory session as there might be some changes in the event schedule and so the presentation timings may vary. In that scenario, your presentation slot may get preponed or postponed by a fair deal of time (in rare cases) to ensure a smooth running passage of the program without any delay. So, we request you to please be prepared to present your work whenever your turn comes up. Your understanding in this regard is very much appreciated.

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