

6th International Conference on Psychology and Mental Health

Theme: A forum to explore the innovation in Psychology and Mental Health



Date

Nov 18-19, 2026



Venue

Bangkok, Thailand



SCAN ME



Welcome

Scientex conferences host a plethora of events in various fields, including Medicine, Pharma, Health Science, Life Science, Engineering, and Technology. We organize all our events with the utmost care and diligence, providing top-notch facilities and infrastructure for smooth and successful knowledge transfer among attendees. Our goal is to solve modern scientific problems for the betterment of our lives. Scientex conferences focus on achieving greatness by offering excellent opportunities for professionals to explore the scientific research community and introduce potential breakthroughs. We provide a fitting platform for eminent speakers, innovators, inventors, industry professionals, scientists, academicians, established authors, scientific editors, medical physicians, medical service providers, nursing professionals, research associates, analysts, and students to exchange ideas and find solutions to major global challenges. Our conferences are highly successful, featuring high-quality interactive technical sessions with recent research findings and futuristic trends. We focus on providing workshops and symposiums through well-established industrial and academic tie-ups with various professional bodies, organizations, and top-rated universities worldwide. We bring in eminent speakers with world-class expertise from various countries to enlighten our researchers and spark enthusiasm for research through our best conferences. These events provide a platform for effective collaborations on the latest research for the worldwide community. Our conferences include exceptional keynote speeches, interactive sessions, and lively debates on research and development in Medicine, Engineering, and Technology. [\(click here for more\)](#)

About Conference

Scientex Conferences feels auspicious to invite all the eminent professionals in the field of Psychology and Mental Health to the 6th International Conference on Psychology and Mental Health, to be host on November 18-19, 2026, in the futuristic city of Bangkok, Thailand. This premier event is a significant gathering for experts, researchers, and professionals in the field of Psychology and Mental Health, providing a platform to share groundbreaking research, innovative practices, and the latest advancements in the domain.

For professionals in the fields of medicine, industry, pharmacology, surgery, teaching, and learning practices, Mental Health 2026 offers a great opportunity. The goal of Mental Health 2026 is not only to discuss the main theme of the conference, but also to connect the people in the same field across the globe which may pave the way for building a better community for brighter future in the field of mental health. [\(click here for more\)](#)



Conference Schedule

Day 1 - November 18, 2026 (Wednesday)

08:55-09:00	-	Registration
09:00-09:15	-	Opening Ceremony and Introduction
09:15-10:30	-	Keynote Session
10:30-10:50	-	Refreshment Break
10:50-12:30	-	Break Out Session
12:30-13:30	-	Lunch
13:30-15:00	-	Break Out Session
15:00-15:30	-	Refreshment Break
15:30-17:00	-	Break Out Session

Day 2 - November 19, 2026 (Thursday)

09:00-10:30	-	Keynote Session
10:30-10:50	-	Refreshment Break
10:50-12:30	-	Break Out Session
12:30-13:30	-	Lunch
13:30-15:00	-	Break Out Session
15:00-15:30	-	Refreshment Break
15:30-17:00	-	Break Out Session



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SPEAKER PRESENTATIONS

Title: Sa Balikat ng Anak: Correlation Between Extent of Financial Support and Life Satisfaction of Breadwinners

Aira Jean Ercill, Rizal Technological University, Philippines

Title: The Relationship Between Well-Being and Self-Expression in the Context of Cross-dressing in LGBTQ+ Community

Alliah Jane P. Enriquez, Rizal Technological University, Philippines

Title: The Moderating Effect of Salary on Mental Health Prioritization in the Workplace and the Extent of Turnover Intention of Entry - level BPO Employees

Angelica C. Perlas, Rizal Technological University, Philippines

Title: Impact of Gut Permeability on The Process of Neuroinflammation and Its Influence on The Mind-Body Relationship of The Individual: An Explorative Scanning of Psycho-Neuroimmunological Evidence

Abhedika Dhanrajani, Amity University, India

Title: Systematic Review Effective Suicide Prevention Strategies for Youth and Adolescents

Constanza Londono, The Cooperative University of Colombia, Colombia

Title: A Quantitative Analysis Of Existential Crisis And Psychological Well-Being Among Young Adults

Dianne Fortu, Rizal Technological University, Philippines

Title: From Isolated Self to Relational Being: A Contemplative Architecture of Human Suffering

David G Starlyte, Contemplative Psychotherapist, Australia

Title: The Impact Of Perceived Job Insecurity On Stress Levels Among Working Fresh Graduates In Metro Manila

Frances Jennel C. Pascua, Rizal Technological University, Philippines

Title: The Relationship Between Sleep Hours, Sleep Quality, and Well-Being Among Selected College Students

Joshua Duldulao, Rizal Technological University, Philippines

Title: Lifestyle and Study Habits as Predictors of Sleep Quality In College Students

Kimberly R. Ventura, Rizal Technological University, Philippines

"Title: The Mediating Effect of Internalized Weight Stigma on Body Shaming and Psychological Well-Being Among Young Adults"

Leona Lyn Olarte, Rizal Technological University, Philippines

Title: A Phenomenological Inquiry into the Role of Love and Companionship in Mental Health for Middle-Aged LGBT Adults

Lizette Gayagoy, Rizal Technological University, Philippines

Presentations

Title: Awareness Towards Depression and Attitude Towards People With Depression Across Generations

Marlyn E. Manalo, Rizal Technological University, Philippines

Title: Understanding the 'deserve ko 'to' Mentality: A Phenomenological Exploration of Financial Choices and Self-Gifting Behaviors Among Filipino Youth in Metro Manila

Megumi Hijikata, Rizal Technological University, Philippines

Title: Rags to Riches: A Narrative Approach to the Adaptive Practices of Five Successful Individuals

Micole Jasmine D. Samonte, Rizal Technological University, Philippines

Title: Diyan Masaya Sina Lolo't Lola!: Exploring the Meaningful Engagement of Healthy Filipino Senior Citizens in Metro Manila

Rochelle Anne C. Cariño, Rizal Technological University, Philippines

Title: Emotional Well-Being and Self-Compassion Among College Students

Shaira Marianne G. Santos, Rizal Technological University, Philippines

Title: A Quantitative Study: Analyzing The Influence of Perceived Income Adequacy On The Perceived Financial Distress Of Non-Working Housewives

Shean S. Lamoste, Rizal Technological University, Philippines

Important Links:



Website link: <https://www.mentalhealth.scientexconference.com/>



Abstract Submission link: <https://www.mentalhealth.scientexconference.com/submitabstract>



Registration link: <https://www.mentalhealth.scientexconference.com/registration>

For Program Enquiry



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