

## 5<sup>th</sup> International Webinar on **Psychology and Mental Health**

Theme: A forum to explore the innovation in Psychology and Mental Health



**Date**

Nov 12-13, 2025



**Time Zone**

GMT+4



SCAN ME



## 5<sup>th</sup> International Webinar on Psychology and Mental Health

November 12 - 13, 2025 | GMT+4

### DAY 1 : NOVEMBER 12, 2025

#### WEBINAR PRESENTATIONS

|             |                                                                                                                                                                                        |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11:00-11:20 | <b>Title: Gender stereotype endorsement, job search expectations, and job hunting anxiety: Evidence from Japanese university students</b>                                              |
|             | <b>Michi Yoshimura</b> , Aichi Toho University, Japan                                                                                                                                  |
| 11:20-11:40 | <b>Title: Innovation in psychological practices through metacognition and its implications for learners mental well-being and academic resilience</b>                                  |
|             | <b>Elizabeth Wanja mwangi</b> , Africa Nazarene University, Kenya                                                                                                                      |
| 11:40-12:00 | <b>Title: Prevalence of poor sleep quality and its related factors among university students: A cross-sectional study</b>                                                              |
|             | <b>Manvi Upadhaya</b> , Gulf Medical University, UAE                                                                                                                                   |
| 12:00-12:20 | <b>Title: Emotions, empathy, interaction and means of coping with the offspring to their parents, victims of trauma as expressed through music</b>                                     |
|             | <b>Atarah Fisher</b> , Bar-Ilan University, Israel                                                                                                                                     |
| 12:20-12:40 | <b>Title: Developing non-profit sector's participation in funding public education in KSA in view of global experiences</b>                                                            |
|             | <b>Ghalba Faisal Hadjan Aldajani</b> , Ministry of Education, KSA                                                                                                                      |
| 12:40-13:00 | <b>Title: Comic strips and language acquisition: Interdisciplinarity and mental flexibility in higher education</b>                                                                    |
|             | <b>Lidija Beko</b> , University of Belgrade, Serbia                                                                                                                                    |
| 13:00-13:20 | <b>Title: Socio-educational support as a key to the sociooccupational inclusion of people with intellectual disabilities: The can calopa model (Barcelona, Spain)</b>                  |
|             | <b>Arantza Almenta</b> , University of Barcelona, Spain                                                                                                                                |
| 13:20-13:40 | <b>Title: Comparison of the effects of dreams on relatives of the deceased in the mourning process</b>                                                                                 |
|             | <b>Fatma Zehra Fidan</b> , Manisa Celal Bayar University, Turkey                                                                                                                       |
| 13:40-14:00 | <b>Title: Self-harm and PTSD in women in Turkey: Why self-compassion matters</b>                                                                                                       |
|             | <b>Sumeyra Saral</b> , Holiday Inn Hotel, Turkey                                                                                                                                       |
| 14:00-14:20 | <b>Title: Early screening for confusion and vitamin D deficiency in elderly hip fracture patients: A quality improvement initiative to mitigate the risk of postoperative delirium</b> |
|             | <b>Zubair Younis</b> , The Royal Wolverhampton NHS Trust, UK                                                                                                                           |
| 14:20-14:40 | <b>Title: How to track student wellbeing without triggering student risks</b>                                                                                                          |
|             | <b>Simon Walker</b> , STEER Education, UK                                                                                                                                              |

# Presentations

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|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 14:40 - 15:00 | <b>Title: Estimating hikikomori prevalence at varying diagnostic thresholds: A tiered case definition approach using HQ-25 and HiDE-I in Oman</b> |
|               | <b>Nutaila Harib Al Kharusi</b> , Sultan Qaboos University, Oman                                                                                  |
| 15:00 - 15:20 | <b>Title: Beatotherapeutic approach to the diagnosis of dependent and codependent behavior in dysfunctional alcoholic families</b>                |
|               | <b>Alla Spivakovskaya</b> , Moscow State University, Russian Federation                                                                           |

Day 01 Concludes

## DAY 2 : NOVEMBER 13, 2025

### WEBINAR PRESENTATIONS

|               |                                                                                                                                                                                          |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15:00-15:20   | <b>Title: Potential application of physalis peruviana with comparison of imipramine</b>                                                                                                  |
|               | <b>Syeda Afroz</b> , Holiday Inn Hotel, Pakistan                                                                                                                                         |
| 15:20-15:40   | <b>Title: Exploring ambiguous loss and resilience through the interdisciplinary lens of the Joy Seen model</b>                                                                           |
|               | <b>Lea De Backer</b> , University of Pretoria, South Africa                                                                                                                              |
| 15:40-16:00   | <b>Title: A qualitative illuminative evaluation of emotional intelligence training as transformative learning</b>                                                                        |
|               | <b>Christine Fourie</b> , University of South Africa (UNISA) , South Africa                                                                                                              |
| 16:00-16:20   | <b>Title: The impact of relaxation techniques on anxiety in psychiatric inpatients: A review</b>                                                                                         |
|               | <b>Fatemeh Morakabati</b> , Islamic Azad University, Iran                                                                                                                                |
| 16:20 - 16:40 | <b>Title: Interdisciplinary rehabilitation system: Medico-psychological, professional and social rehabilitation on every healthcare level in Ukraine during war and post-war periods</b> |
|               | <b>Valentina Chorna</b> , National Pirogov Memorial Medical University, Ukraine                                                                                                          |
| 16:40-17:00   | <b>Title: Condemnation to stigma and social death: The deprivation of employment opportunities for decree-law victims</b>                                                                |
|               | <b>Fatma Zehra Fidan</b> , Manisa Celal Bayar University, Turkey                                                                                                                         |
| 17:00-17:20   | <b>Title: Motivational needs of secondary school student in Ogun State, Nigeria</b>                                                                                                      |
|               | <b>Agubosi Lydia akunna</b> , University of Ilorin, Nigeria                                                                                                                              |
| 17:20 - 17:40 | <b>Title: Junun to schizophrenia: Historical Arabic-Islamic perspectives on psychotic disorders and contemporary parallels</b>                                                           |
|               | <b>Homayun Shahpesandy</b> , Lincolnshire Partnership NHS Foundation Trust, UK                                                                                                           |
| 17:40-18:00   | <b>Title: Burnout in university students: A narrative review</b>                                                                                                                         |
|               | <b>Celia Carvalho Lucas</b> , University of Trás-os-Montes and Alto Douro, Portugal                                                                                                      |

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| 18:00 - 18:20 | <b>Title: Effectiveness of metacognitive therapy in distress tolerance and drug use desire in delinquent teenagers</b>     |
|               | <b>Faraz Ghoorchian</b> , Pishgaman Man Haghigi Research Educational Institute, Iran                                       |
| 18:20-18:40   | <b>Title: Acute aerobic training and its impact on muscular dissatisfaction and body image perception in sedentary men</b> |
|               | <b>Rayssa Lodi Mozer</b> , Federal University of Juiz de Fora, Brazil                                                      |
| 18:40 - 19:00 | <b>Title: White girls are taught to be wives; Black girls are taught to survive": Wellness among strong black women</b>    |
|               | <b>Donya D. Wallace</b> , Palo Alto University, Canada                                                                     |
| 19:00-19:20   | <b>Rewinding the clock: Utilizing anti-aging therapies for prevention of neurodegenerative illness</b>                     |
|               | <b>Syed N. Kamal</b> , Brigham and Women's Hospital, USA                                                                   |
| 19:20-19:40   | <b>Title: Quality or quantity? social media usage and mental health</b>                                                    |
|               | <b>Sophie Xu</b> , Culver Academies, USA                                                                                   |

## Day 02 Concludes

\*Note: You are requested to be present at the event right from the introductory session as there might be some changes in the event schedule and so the presentation timings may vary. In that scenario, your presentation slot may get preponed or postponed by a fair deal of time (in rare cases) to ensure a smooth running passage of the program without any delay. So, we request you to please be prepared to present your work whenever your turn comes up. Your understanding in this regard is very much appreciated.

Speaker slots are available. To book your slot, please mail us at [mentalhealth@scientexconferences.com](mailto:mentalhealth@scientexconferences.com) or Whatsapp at (+1) 262 327 6273



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## For Program Enquiry



**Josie Adams**



Program Manager



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